

ENDOMETRIAL BIOPSY INSTRUCTIONS

You are having an endometrial biopsy today to evaluate the lining of your uterus. The procedure is usually over in 5-10 minutes.

You will be in a position similar to a pap smear for the procedure. Your health care provider will cleanse your cervix off with a solution to prevent infection. This solution is often brown in color and may discolor your discharge for a couple of days. Your provider will then sometimes have to place an instrument on the cervix to stabilize it for the biopsy. She will then insert the biopsy catheter into the lining of the uterus. You may experience some cramping or even a sharp pinching pain at this point. Your provider will then remove the devices from your vagina and you will be allowed to dress and go to the front desk to make a follow up appointment.

You may experience some lightheadedness or nausea immediately after the procedure. Please let us know immediately if you are experiencing these symptoms. You should expect a discharge for a couple of days that may be bloody or discolored brown. Sometimes your provider may apply medication to your cervix that can come out in small clumps as well. Mild cramping for around 24 hours after the procedure is normal.

For 24 hours after the procedure you should not put anything in your vagina. This includes having intercourse, using tampons, or douching. Otherwise, you can have normal activities.

Please call the office immediately at **615-778-0010** if you experience bleeding that is heavier than your usual cycle, have any unexplained fever, experience any unexplained lower abdominal pain, or have any foul smelling or pus-filled discharge.

Your results will be ready in 3 business days or less. You should make sure your contact information is up to date with the front desk if you have not already done so today. You can also register to receive your results online through our website at www.womensgroupfranklin.com. Click on the link that says Prime Patient.